

Fountain View Retirement Village

May 19-25

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19-May	20-May	21-May	22-May	23-May	24-May	25-May
Breakfast						
Cereal Scrambled Egg Bacon Toast w/JellyFruit Peach	Cereal Boiled Egg Sausage Toast w/Jelly Pear	Cereal Scramble eggs Bacon Toast Mixed Fruit	Cereal Fried Egg Ham Toast w/Jelly Apple sauce	Cereal Omelette Biscuit w/Gravy Fruit Peach	Cereal Breakfast Sandwich *Egg, Canadian Bacon on English Muffin Pear	Cereal Scrambled Egg Bacon Pancakes Mixed Fruit
Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice
Lunch						
Chicken Parmasean Garden Vegetable Chef choice desert Dinner Roll	Cod Rice Far east vegetables Dinner Roll	Turkey Breast mashed potato Garden Vegetable Roll Pie	Spanish Rice Garden Vegetable Dinner Roll	Sweet and Sour Chicken Rice Garden Vegetable Dinner Roll	Turkey Ala King Peas & Carrots Dinner Roll	Glazed Ham Sweet rice Garden Vegetable Dinner Roll
Coffee, Milk, Juice	Gingerbread cake Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice
Dinner						
Beef and noodle Casserole Mixed Vegetable Chocolate Pudding	Potato Salad Ham & Cheese Slider Cookie	BLT Tots Baked beans Choc pudding cupcake	White Chicken Chili Lemon Fluff Cornbread	Egg Salad sandwich Pasta salad Cookie	Sloppy Joes on Bun French Fries Baked Beans Strawberry Cupcakes	Hot Dogs w/Mac & Cheese  Tapioca Pudding
Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice Menus Subject to Change

Fountain View Retirement Village

May 26-June 1

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26-May	27-May	28-May	29-May	30-May	31-May	1-Jun
Breakfast						
Cereal Scrambled Egg Bacon Toast w/Jelly Peach	Cereal Boiled Egg Sausage Toast w/Jelly Pear	Cereal Breakfast Scramble Bacon Toast Mixed Fruit	Cereal Fried Egg Ham Toast w/Jelly Apple Sauce	Cereal Omelette Sausage Buiscuit w/Gravy Peache	Cereal Breakfast Sandwich *Egg, Canadian Bacon on biscuit Pear	Cereal Scrambled Egg Pancake Bacon Mixed Fruit

Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice
Lunch						
Meatloaf Mashed Potato w/Gravy Corn Dinner Roll Chocolate Fluff	tuna zuichini roll Dinner Roll Pie	Ham & Cheese Sliders French Fries Pickled Beets Ambrosia Salad	White Chicken Chili Corn Muffin Brownie	Scalloped Potato w/Ham Garden Vegetables Dinner Roll Butterscotch Pudding	Hamburgers Fries Coleslaw Apple cake	Swedish Meatballs over mashed potatos Garden Vegetable Roll Lemon Cake
Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice
Dinner						
Turkey and cheese sandwich Scalloped Potatoes cookie	bbq chicken sandwich Chips Peach Cobbler	Goulash Corn Bread Lemon Pudding	Tator tot Casserole Jello	Beef & Gravy over Potatoes Cauliflower w/Cheese Bread w/ Butter Tapioca Pudding	Spagetti and Meatballs Corn Cookie	Chicken Ala King w/Peas & Carrots Bread w/Butter Dessert
Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice Menus Subject to Change

Fountain View Retirement Village

June 2-June 8

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2-Jun	3-Jun	4-Jun	5-Jun	6-Jun	7-Jun	8-Jun
Breakfast						
Cereal Scrambled Egg Bacon Toast w/Jelly Peaches	Cereal Boiled Egg Sausage Toast w/Jelly Pears	Cereal Breakfast Scramble Bacon toast Mixed Fruit	Cereal Fried Egg Ham Toast w/Jelly Apple Sauce	Cereal Omelette Biscuit w/Gravy Sausage Peaches	Cereal Breakfast Sandwich *Egg, Canadian Bacon on English Muffin Pears	Cereal Scrambled Egg French Toast Sticks Bacon Mixed Fruit
Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice
Lunch						
Beef Roast Mashed potato and Gravy Green Beans Dinner Roll Pineapple Upside Down Cake	Chicken Alfredo Broccoli Garlic Roll	Turkey and Cheese Slider Tator Tots Beets Apple Cake	Hawain Chicken White Rice Far East Vegetable Dinner Roll Chocolate Cake	Spaghetti w/Meatballs Corn Garlic Toast	Meatloaf Mashed Potatoes and gravy Garden Vegetables Dinner Rolls Dessert	Glazed Ham Scalloped Potato Green Beans Dinner Roll Dessert
Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice
Dinner						
Potato & Bacon Soup Egg Salad Sandwich Cookie	BLT French Fries California Fruit Salad	Beef and noodle casserole bread with butter Lemon Pudding	Hotdogs on bun Mac and cheese Bread w/Butter Cookie	bbq pork sandwich  Dessert	Broccoli and cheese soup Turkey and cheese sandwich Cookie	Beef Stroganoff Corn Bread Butterscotch Pudding
Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice Menus Subject to Change

Fountain View Retirement Village

June 9-June 15

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9-Jun	10-Jun	11-Jun	12-Jun	13-Jun	14-Jun	15-Jun
Breakfast						
Cereal	Cereal	Cereal	Cereal	Cereal	Cereal	Cereal
Scrambled Egg	Boiled Egg	Breakfast Scramble	Fried Egg	Omelette	Breakfast Sandwich	Scrambled Egg
Bacon	Sausage	Bacon	Ham	Sausage	*Egg, Canadian Bacon	Bacon
Toast w/Jelly	Toast w/Jelly	English Muffin	Toast w/Jelly	Biscuit w/Gravy	on English Muffin	Pancakes
Fruit	Fruit	Fruit	Fruit	Fruit	Fruit	Fruit
Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice
Lunch						
Turkey Ala King	Scalloped Potatoes w/Ham	Lemon Pepper Cod	Meatloaf	Fried Chicken	Pork Chops	Cheese Burger
Mashed Potatoes	Garden Vegetables	Herbed Rice	Mashed Potatoes	Sweet Potatoes	Fried Potatoes	Mac and Cheese
Dinner Roll	Dinner Roll	Garden vegetable	Corn	Cauliflower w/Cheese	Garden Vegetables	Side Salad
Pie	Strawberry Cake	Vanilla Fluff	Garlic Bread	Dinner Roll	Dinner Roll	Blueberry Cake
			Brownie	Pineapple Upside-down cake	Pie	
Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice
Dinner						
Chicken Salad Sandwich	Club Sandwich	Potato and Bacon Soup	Chicken Strips	Turkey & rice	Chili	Meatballs w/ Gravy
Baked Beans	Fries or tots	Ham & Cheese	Coleslaw	Casserole	Corn Bread	Mashed potatoes
Tator Tots or Fries	Lemon Pudding	Sandwich	Baked Beans		Fruit cup	Bread w/ Butter
Cookie		Jello	Cookie	Bread w/Butter		Tapioca Pudding
				Chocolate Pudding		
Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice
						Menus Subject to Change

Fountain View Retirement Village

June 16-22

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16-Jun	17-Jun	18-Jun	19-Jun	20-Jun	21-Jun	22-Jun
Breakfast						
Cereal	Cereal	Cereal	Cereal	Cereal	Cereal	Cereal
Scrambled Egg	Boiled Egg	Breakfast Scramble	Fried Egg	Omelette	Breakfast Sandwich	Scrambled Egg
Bacon	Sausage	Bacon	Ham	Sausage	*Egg, Canadian Bacon	French Toast
Toast w/Jelly	Toast w/Jelly	English Muffin	Toast w/Jelly	Biscuit w/Gravy	on English Muffin	Sausage
Fruit	Fruit	Fruit	Fruit	Fruit	Fruit	Fruit
Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice
Lunch						
Easter Dinner from resident family	Lasagna	Chicken Salad on Tossed Lettuce	Fish and "Chips"	Meatloaf	Stir Fry	Ham
	Corn	Tator Tots	Coleslaw	Mashed Potato and gravy	Seasoned Rice	Sweet Potato
	Garlic Roll	Dinner Roll	Dinner Roll	garden veggie	Dinner Roll	Green Beans
		Dinner Roll	Chocolate Cake	Dinner Roll	Apple Cake	Dinner Roll

		Pineapple Upside-down cake		Pie		California Fruit Salad
Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice
Dinner						
Chicken Ala King w/Peas & Carrots	Potato Soup	Burger	Beef & Gravy over Potatoes	Tuna and noodle Casserole	Tomato soup	Chili
Mashed Potato	Ham & Cheese Sandwich	Potato Salad	Chips	Bread and Butter	Grilled Cheese Sandwich	Corn Bread
Chocolate Fluff	Cookie	Blueberry Crisp	Bread w/Butter Lemon Pudding	Cookie	Butterscotch Pudding	Cake with whip topping and coconut
Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice
Menus Subject to Change						

June 23-29

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
23-Jun	24-Jun	25-Jun	26-Jun	27-Jun	28-Jun	29-Jun
Breakfast						
Cereal	Cereal	Cereal	Cereal	Cereal	Cereal	Cereal
Scrambled Egg	Boiled Egg	Breakfast Scramble	Fried Egg	Omelette	Breakfast Sandwich	Scrambled Egg
Bacon	Sausage	Bacon	Ham	Sausage	*Egg, Canadian Bacon on English Muffin	French toast
Toast w/Jelly	Toast w/Jelly	English Muffin	Toast w/Jelly	Biscuit w/Gravy	Fruit	Sausage
Fruit	Fruit	Fruit	Fruit	Fruit	Fruit	Fruit
Lunch						
Chicken Fried Rice	Turkey Breast	Chicken Parmasian	Spanish Rice	Meatloaf	Sweet and sour chicken	Sloppy Joe
Far East vegetable	Baked Potato	Spaghetti	Dinner Roll	Mashed Potato and gravy	Seasoned Rice	Chips
Dinner Roll	Garden Vegetable	Corn	Banana Fluff	Green Beans	Dinner Roll	Garden Vegetable
Pie	Dinner Roll	Dinner Roll	Garden Vegetable	Dinner Roll	Blueberry Cobbler	Fruit Salad
	Butterscotch Cake	Pineapple Upside-down cake		Cherry Crisp		
Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice
Dinner						
BLT	Hot Dog	Tator Tot Casserole	Beef & Gravy over Potatoes	Egg Salad Sandwich	Chicken and dumpling soup	Pizza Grilled Cheese with dipping Sauce
Tots or fries	Mac and Cheese	apple Crisp	Green Beans	Chips	Bread and butter	Tots
Chocolate Fluff	Cookie		Bread w/Butter Lemon Pudding	Cookie	Butterscotch Pudding	Dessert
Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice
Menus Subject to Change						

June 30-July 6

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30-Jun	1-Jul	2-Jul	3-Jul	4-Jul	5-Jul	6-Jul
Breakfast						
Cereal	Cereal	Cereal	Cereal	Cereal	Cereal	Cereal
Scrambled Egg	Boiled Egg	Breakfast Scramble	Fried Egg	Omelette	Breakfast Sandwich	Scrambled Egg
Bacon	Sausage	Bacon	Ham	Sausage	*Egg, Canadian Bacon on English Muffin	Pancakes
Toast w/Jelly	Toast w/Jelly	English Muffin	Toast w/Jelly	Biscuit w/Gravy	Fruit	Sausage
Fruit	Fruit	Fruit	Fruit	Fruit	Fruit	Fruit
Lunch						
Hamburger	Chicken noodle Casserole	Baked Cod	Sloppy Joe	Glazed Ham	Stir Fry	Beef Stoganoff
Fries or tots	Stuffing	Coleslaw	Chips	Augratin potato	Far East Vegetabe	Garden Vegetable
pie	Cranberry Sauce	Fries	Green Beans	Dinner Roll	White Rice	Dinne Roll
	Apple Crisp	Dinner Roll	Fluff	Cherry Cobbler		Butterscotch Cake
		Pineapple Upside-down cake				

Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	
Dinner							
Turkey and Cheese Slider Mac and Cheese Peas and Carrots Mixed Fruit Cobbler	Goulash Cornbread Cookies	Turkey and Rice Casserole Bread and Butter Lemon Pudding	Grilled Cheese Tomato soup Apple Cobbler	Chicken Pot Pie Jello	Spaghetti and Meatballs Garlic Toast Tapioca Pudding	Ham and Cheese Sandwich Bean Soup Dessert	
Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice Menus Subject to Change	
Sunday	Monday 7-Jul	Tuesday 8-Jul	Wednesday 9-Jul	Thursday 10-Jul	Friday 11-Jul	Saturday 12-Jul	13-Jul
Breakfast							
Cereal Scrambled Egg Bacon Toast w/Jelly Fruit	Cereal Boiled Egg Sausage Toast w/Jelly Fruit	Cereal Scrambled egg Bacon English Muffin Fruit	Cereal Fried Egg Ham Toast w/Jelly Fruit	Cereal Omelette Sausage Buiscuit w/Gravy Fruit	Cereal Breakfast Sandwich *Egg, Canadian Bacon on English Muffin Fruit	Cereal Scrambled Egg Pancakes Sausage Fruit	
Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	
Lunch							
Meatloaf Mashed Potato Gravy Green Beans Roll Choc. Cake Coffee, Milk, Juice	Fried Chicken Scalloped Potato Garden Vegetable Roll Cheese Cake	Fish Sandwich Fries or tots Coleslaw Strawberry Shortcake	Burgers Chips Salad Apple Crisp	Turkey and Cheese Sliders Carrots Potato Salad Gingerbread Cake	Sweedish Meatballs Mashed Potato Garden Vegetable Roll Pie	Chicken Fried Rice Far east Vegetable Roll Cherry Cobbler	
Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	
Dinner							
Club Sliders Fries Beets Jello	BBQ Meatball Mac and Cheese Fluff	Chili Corn Bread Cookie	Tuna and noodle Casserole Peas and carrots Jello	Pulled Pork sandwich Coleslaw Chips Pudding	BLT Tots or Fries Cookie	Beef and Gravy Mashed Potato Bread and butter Fruit Cup	
Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice	Coffee, Milk, Juice Menus Subject to Change	